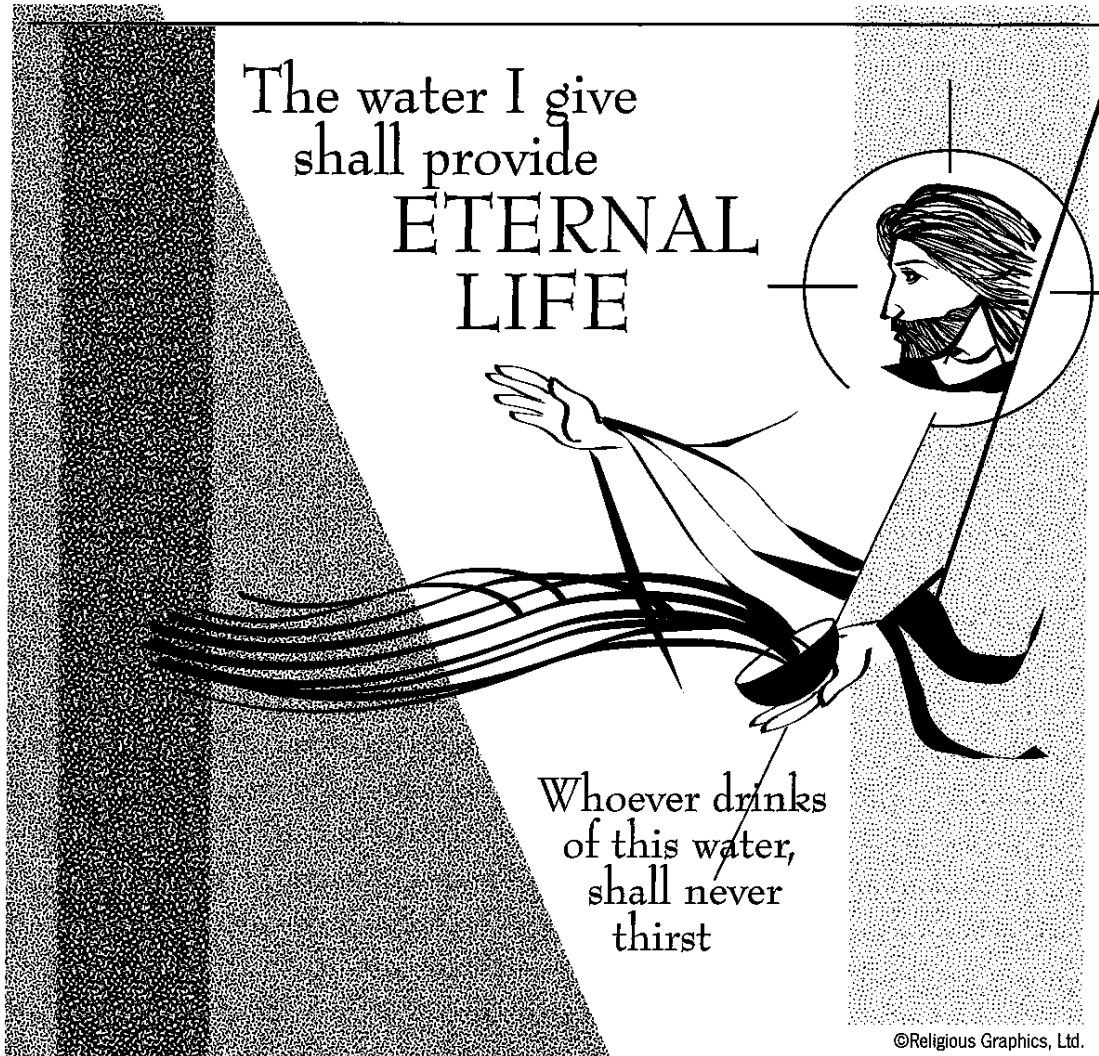


# St. Mary's Episcopal Church

Third Sunday in Lent  
March 12, 2023



HOLY EUCHARIST  
IN-PERSON & LIVE STREAM  
9:00 a.m.

Worship Committee Meeting – Today after service

+ + + + +

Wednesday 6pm – Christian Formation Online

Thursday 10am – Bible Study In-Person

Saturday 5pm – Evening Prayers In-Person

## ANNOUNCEMENTS

Time of silence

*The congregation is invited to stand.*

*Celebrant* Bless the Lord who forgiveth all our sins.

*People* ***His mercy endureth for ever.***

### **The Decalogue**

God spake these words, and said:

I am the Lord thy God who brought thee out of the land of Egypt, out of the house of bondage. Thou shalt have none other gods but me.

***Lord have mercy upon us,  
and incline our hearts to keep this law.***

Thou shalt not make to thyself any graven image, nor the likeness of any thing that is in heaven above, or in the earth beneath, or in the water under the earth; thou shalt not bow down to them, nor worship them.

***Lord have mercy upon us,  
and incline our hearts to keep this law.***

Thou shalt not take the Name of the Lord thy God in vain.

***Lord have mercy upon us,  
and incline our hearts to keep this law.***

Remember that thou keep holy the Sabbath day.

***Lord have mercy upon us,  
and incline our hearts to keep this law.***

Honor thy father and thy mother.

***Lord have mercy upon us,  
and incline our hearts to keep this law.***

Thou shalt do no murder.

***Lord have mercy upon us,  
and incline our hearts to keep this law.***

Thou shalt not commit adultery.  
*Lord have mercy upon us,  
and incline our hearts to keep this law.*

Thou shalt not steal.  
*Lord have mercy upon us,  
and incline our hearts to keep this law.*

Thou shalt not bear false witness against thy neighbor.  
*Lord have mercy upon us,  
and incline our hearts to keep this law.*

Thou shalt not covet.  
*Lord have mercy upon us,  
and write all these thy laws in our hearts, we beseech thee.*

Hear what our Lord Jesus saith:  
Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets. *Matthew 22:37-40*

*The Celebrant then says*  
Let us humbly confess our sins unto Almighty God.

*Minister and People*

**Almighty and most merciful father,  
we have erred and strayed from thy ways like lost sheep,  
we have followed too much the devices and desires of our own hearts,  
we have offended against thy holy laws,  
we have left undone those things which we ought to have done,  
and we have done those things which we ought not to have done.  
But thou, O Lord, have mercy upon us,  
spare thou those who confess their faults,  
restore thou those who are penitent,  
according to thy promises declared unto mankind in Christ Jesus our Lord;  
and grant, O most merciful Father, for his sake,  
that we may hereafter live a godly, righteous, and sober life,  
to the glory of thy holy Name. Amen.**

*The Priest, stands and says*

The Almighty and merciful Lord grant you absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit.  
**Amen.**

TRISAGION S102 – Holy God

The image shows a musical score for a hymn titled 'Holy God'. It consists of two systems of music, each with a vocal line and a piano accompaniment line. The key signature is one flat (B-flat), and the time signature is 4/4. The lyrics are: 'Ho - ly God, Ho - ly and Might - y, Ho - ly Im - mor - tal One, Have mer - cy up - on us.' The piano accompaniment features a steady bass line and chords in the right hand.

*Celebrant* The Lord be with you.

*People* ***And with thy spirit.***

*Celebrant* Let us pray

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

*Please be seated for the Lessons.*

FIRST LESSON

*Reader* A reading from Exodus 17:1-7

And all the congregation of the children of Israel journeyed from the wilderness of Sin, after their journeys, according to the commandment of the LORD, and pitched in Rephidim: and there was no water for the people to drink. Wherefore the people did chide with Moses, and said, Give us water that we may drink. And Moses said unto them, Why chide ye with me? wherefore do ye tempt the LORD? And the people thirsted there for water; and the people murmured against Moses, and said, Wherefore is this that thou hast brought us up out of Egypt, to kill us and our children and our cattle with thirst? And Moses cried unto the LORD, saying, What shall I do unto this people? they be almost ready to stone me. And the LORD said unto Moses, Go on before the people, and take with thee of the elders of Israel; and thy rod, wherewith thou smotest the river, take in thine hand, and go. Behold, I will stand before thee there upon the rock in Horeb; and thou shalt smite the rock, and there shall come water out of it, that the people may drink. And Moses did so in the sight of the elders of Israel. And he called the name of the place Massah, and Meribah, because of the chiding of the children of Israel, and because they tempted the LORD, saying, Is the LORD among us, or not?

*Reader* The Word of the Lord.

*People* ***Thanks be to God.***

## PSALM 95

<sup>1</sup> Come, let us sing | to the LORD;\*

**let us shout for joy to the rock of | our salvation.**

<sup>2</sup> Let us come before his presence | with thanksgiving\*

**and raise a loud shout to | him with psalms.**

<sup>3</sup> For the LORD | is a great God,\*

**and a great King | above all gods.**

<sup>4</sup> In his hand are the caverns | of the earth,\*

**and the heights of the hills | are his also.**

<sup>5</sup> The sea is his, | for he made it,\*

**and his hands have molded | the dry land.**

<sup>6</sup> Come, let us bow down and | bend the knee,\*

**and kneel before the | LORD our Maker.**

<sup>7</sup> For he is our God, and we are the people of his pasture and the sheep | of his hand.\*

**Oh, that today you would hearken | to his voice!**

<sup>8</sup> Harden not your hearts, as your forebears did | in the wilderness,\*

**at Meribah, and on that day at Massah, when they | tempted me.**

<sup>9</sup> They put me | to the test,\*

**though they had | seen my works.**

<sup>10</sup> Forty years long I detested that genera- | tion and said,\*

**"This people are wayward in their hearts; they do not | know my ways."**

<sup>11</sup> So I swore | in my wrath,\*

**"They shall not enter in- | to my rest."**

## SECOND LESSON

*Reader* A reading from Romans 5:1-11

Therefore being justified by faith, we have peace with God through our Lord Jesus Christ: By whom also we have access by faith into this grace wherein we stand, and rejoice in hope of the glory of God. And not only so, but we glory in tribulations also: knowing that tribulation worketh patience; And patience, experience; and experience, hope: And hope maketh not ashamed; because the love of God is shed abroad in our hearts by the Holy Ghost which is given unto us.

For when we were yet without strength, in due time Christ died for the ungodly. For scarcely for a righteous man will one die: yet peradventure for a good man some would even dare to die. But God commendeth his love toward us, in that, while we were yet sinners, Christ died for us. Much more then, being now justified by his blood, we shall be saved from wrath through him. For if, when we were enemies, we were reconciled to God by the death of his Son, much more, being reconciled, we shall be saved by his life. And not only so, but we also joy in God through our Lord Jesus Christ, by whom we have now received the atonement.

*Reader* The Word of the Lord.

*People* **Thanks be to God.**

GOSPEL HYMN: As the Deer

As the deer panteth for the water  
So my soul longeth after Thee  
You alone are my heart's desire  
And I long to worship Thee

You alone are my strength, my shield  
To You alone may my spirit yield  
You alone are my heart's desire  
And I long to worship Thee

*The congregation stands for the gospel.*

*Celebrant*     The Holy Gospel of Our Lord Jesus Christ, according to John  
*People*         ***Glory be to thee, O Lord.***

THE GOSPEL: John 4:5-42

Then cometh he to a city of Samaria, which is called Sychar, near to the parcel of ground that Jacob gave to his son Joseph. Now Jacob's well was there. Jesus therefore, being wearied with his journey, sat thus on the well: and it was about the sixth hour. There cometh a woman of Samaria to draw water: Jesus saith unto her, Give me to drink. (For his disciples were gone away unto the city to buy meat.) Then saith the woman of Samaria unto him, How is it that thou, being a Jew, askest drink of me, which am a woman of Samaria? for the Jews have no dealings with the Samaritans. Jesus answered and said unto her, If thou knewest the gift of God, and who it is that saith to thee, Give me to drink; thou wouldest have asked of him, and he would have given thee living water. The woman saith unto him, Sir, thou hast nothing to draw with, and the well is deep: from whence then hast thou that living water? Art thou greater than our father Jacob, which gave us the well, and drank thereof himself, and his children, and his cattle? Jesus answered and said unto her, Whosoever drinketh of this water shall thirst again: But whosoever drinketh of the water that I shall give him shall never thirst; but the water that I shall give him shall be in him a well of water springing up into everlasting life. The woman saith unto him, Sir, give me this water, that I thirst not, neither come hither to draw.

Jesus saith unto her, Go, call thy husband, and come hither. The woman answered and said, I have no husband. Jesus said unto her, Thou hast well said, I have no husband: For thou hast had five husbands; and he whom thou now hast is not thy husband: in that saidst thou truly. The woman saith unto him, Sir, I perceive that thou art a prophet. Our fathers worshipped in this mountain; and ye say, that in Jerusalem is the place where men ought to worship. Jesus saith unto her, Woman, believe me, the hour cometh, when ye shall neither in this mountain, nor yet at Jerusalem, worship the Father. Ye worship ye know not what: we know what we worship: for salvation is of the Jews. But the hour cometh, and now is, when the true worshippers shall worship

the Father in spirit and in truth: for the Father seeketh such to worship him. God is a Spirit: and they that worship him must worship him in spirit and in truth. The woman saith unto him, I know that Messias cometh, which is called Christ: when he is come, he will tell us all things. Jesus saith unto her, I that speak unto thee am he.

And upon this came his disciples, and marvelled that he talked with the woman: yet no man said, What seekest thou? or, Why talkest thou with her? The woman then left her waterpot, and went her way into the city, and saith to the men, Come, see a man, which told me all things that ever I did: is not this the Christ? Then they went out of the city, and came unto him.

In the mean while his disciples prayed him, saying, Master, eat. But he said unto them, I have meat to eat that ye know not of. Therefore said the disciples one to another, Hath any man brought him ought to eat? Jesus saith unto them, My meat is to do the will of him that sent me, and to finish his work. Say not ye, There are yet four months, and then cometh harvest? behold, I say unto you, Lift up your eyes, and look on the fields; for they are white already to harvest. And he that reapeth receiveth wages, and gathereth fruit unto life eternal: that both he that soweth and he that reapeth may rejoice together. And herein is that saying true, One soweth, and another reapeth. I sent you to reap that whereon ye bestowed no labour: other men laboured, and ye are entered into their labours.

And many of the Samaritans of that city believed on him for the saying of the woman, which testified, He told me all that ever I did. So when the Samaritans were come unto him, they besought him that he would tarry with them: and he abode there two days. And many more believed because of his own word; And said unto the woman, Now we believe, not because of thy saying: for we have heard him ourselves, and know that this is indeed the Christ, the Saviour of the world.

*Celebrant*     The Gospel of the Lord  
*People*         ***Praise be to thee, O Christ.***

You alone are my strength, my shield  
To You alone may my spirit yield  
You alone are my heart's desire  
And I long to worship Thee

THE SERMON

The Rev. Charles A. Browning II

*After the homily is a period of silence. After this, the congregation is invited to stand.*

*Celebrant*     Let us reaffirm our faith, using the words of the Nicene Creed.  
Christians, what do we believe?

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

### **The Prayers of the People**

Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all men: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord; and



grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

***In thy mercy, hear our prayer***

Give grace, O heavenly Father, to all bishops and other ministers, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

***In thy mercy, hear our prayer***

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

***In thy mercy, hear our prayer***

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, that they may be led to wise decisions and right actions for the welfare and peace of the world.

***In thy mercy, hear our prayer***

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

***In thy mercy, hear our prayer***

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor all those who in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

***In thy mercy, hear our prayer***

*People are directed to make their own prayers and thanksgivings known, either silently or aloud.*

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear, beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of all thy saints, that with them we may be partakers of thy heavenly kingdom.

***In thy mercy, hear our prayer***

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. ***Amen.***

*The Celebrant then concludes the prayers by saying*

O Lord our God, accept the fervent prayers of thy people; in the multitude of thy mercies, look with compassion upon us and all who turn to thee for help; for thou art gracious, O lover of souls, and to thee we give glory, Father, Son, and Holy Spirit, now and for ever. *Amen.*

*Celebrant* The peace of the Lord be always with you.

*People* ***And with thy spirit.***

*Celebrant* Please share with one another a sign of peace.

*During this time, the shares signs of peace and returns to their seats as the offering plate is presented at the altar and the Eucharist is made ready.*

#### DOXOLOGY

Ho'o – na – ni I ka Ma – ku – a mau,  
Ke Kei – ki me ka 'U – ha – ne no,  
Ke Aku – a mau ho'o – mai – ka'l pu,  
Ko ke – ia ao, ko ke – la ao. A – mene.

Praise God, from Whom all blessings flow;  
Praise Him, all creatures here below;  
Praise Him above, ye heavenly host;  
Praise Father, Son, and Holy Ghost.

#### **The Great Thanksgiving**

*The people remain standing. The Celebrant faces them and sings or says*

The Lord be with you.

*People* ***And with thy spirit.***

*Celebrant* Lift up your hearts.

*People* ***We lift them up unto the Lord.***

*Celebrant* Let us give thanks unto our Lord God.

*People* ***It is meet and right so to do.***

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

*Celebrant and People*

***Holy, holy, holy, Lord God of Hosts:  
Heaven and earth are full of thy Glory.  
Glory be to thee, O Lord Most High.***

Blessed is he that cometh in the name of the Lord. Hosanna in the highest.

*The people kneel or stand.*

*Then the Celebrant continues*

All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

*At the following words concerning the bread, the Celebrant is to hold it, or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated*

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee

that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord;

By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. *AMEN.*

And now, as our Savior Christ hath taught us, we are bold to say,

## Lord's Prayer

Albert Hay Malotte

Our Fa- ther, which art in heav- en, hal- low- ed be thy

name. Thy king- dom come, thy will be done on earth as it is in

heav- en. Give us this day our dai- ly bread, and for- give us our

debts, as we for- give our debt- ors. And lead us not in- to temp-

ta- tion but de- liv- er us from e- vil: for thine is the king- dom, and the

pow- er, and the glo- ry, for- ev- er, A- men.

A- men..

## The Breaking of the Bread

*The Celebrant breaks the bread, places it back on the plate. In Lent, Alleluia is omitted.*

*Celebrant* Christ our Passover is sacrificed for us.

*People* **Therefore let us keep the feast.**

O Lamb of God, that takest away the sins of the world,  
**have mercy upon us.**

O Lamb of God, that takest away the sins of the world,  
**have mercy upon us.**

O Lamb of God, that takest away the sins of the world,  
**grant us thy peace.**

***We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.***

*Facing the people, the Celebrant may say the following Invitation*

The Gifts of God for the People of God.

*The congregation is invited to receive the Holy Communion. The bread will be placed in the hand. Wine is to be received by sipping the chalice, or by allowing the chalice-bearer to dip the bread and return it to the communicant's hand.*

*All baptized Christians, regardless of church affiliation, are invited to receive Holy Communion in this church.*

COMMUNION HYMN #343 – Shepherd of souls refresh and bless

### Queens Prayer

Queen Lili'uokalani



1. 'O kou a-lo-ha nō A - i - a I ka la - ni, A  
4. No lai - la e ka Haku, Ma la-lo kou 'ē - he - u Kō



'o kou o-iā - 'i - 'o, He he - mole - le ho'i.  
makou malu - hi - a A mau loa a - ku nō. A - me - ne.

1. Your loving mercy Is as high as Heaven And your truth So perfect.	4. And so, O Lord Protect us beneath your wings And let peace be our portion Now and forever more.
-------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------

*After the congregation and the Celebrant have received, the congregation is invited to stand.  
The Celebrant says*

Let us pray.

***Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.***

*The Priest gives the blessing*

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, ka Makua, ke Keiki, and ka 'Uhane Hemolele, be amongst you, and remain with you mau loa. ***Amene.***

CLOSING HYMN #685 – Rock of Ages

*The Celebrant dismisses with these words*

Let us go forth in the name of Christ.  
People ***Thanks be to God.***



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Celebrant: *The Rev. Charles A. Browning II*  
Organist: *Richert Au Hoy*  
Acolyte: *Isaiah Horimoto*  
Song Leaders: *Cainna Browning, Jackie Mok*

**St. Mary's Episcopal Church**

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