

The Journey



MARCH 2019

Let us this month

- *Help in the church where needed*
- *Call someone you haven't seen for awhile*
- *Engage in o Bible study*
- *Volunteer to help the homeless ministry - last Thursday of the month*

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Vestry Members

Bill Mok
Senior Warden

Leland Lee
Junior Warden

Richert Au Hoy
Treasurer

Don Hardaway
2019

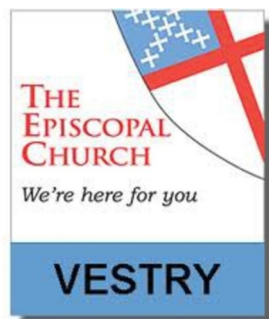
Gail Hirozawa
2019

Dara Tawarahara
2020

Ruth Yoshioka
2020 Clerk

Carlton Pang
2021

Kyle Ushijima
2021



Search Committee Members

Richert Au Hoy

Jackie Mok

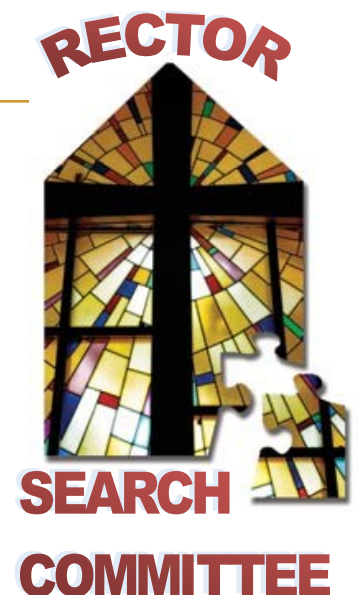
Charlene Date

Pablo Cortez

Frank Condello

Laurie Lee

Tatjana Johnson



Giving Thanks for our February Supply Priest



Rev. Imelda Padasdao

February 24



Rev. Phil Paradine

February 17

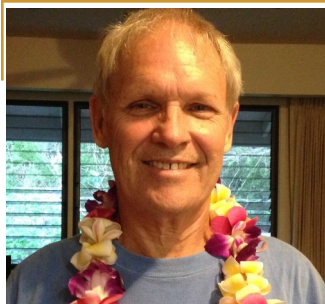


Rev. Ben Newland

February 10

The editing staff apologize for the poor quality photo of Fr. Newland. But we wanted to not leave him out, because St. Mary's Episcopal Church of Mo'ili'ili truly appreciates his and all the priest who supply.

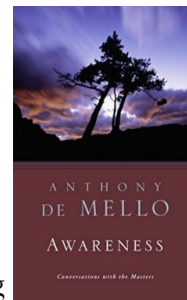
We also give thanks to Deacon Preston Lentz who did Morning Prayer on February 3rd



Richard Hennessey, Class Facilitator
The Teaching of Anthony de Mello

Every Friday at 7pm

The Teachings of Anthony de Mello



October of 2018 Richard Hennessey, LCSW, began a Friday evening program at St. Mary's Episcopal Church on **The Teachings of Anthony de Mello**. Tony de Mello, a native of India, was a Jesuit priest, psychologist, spiritual director, and modern day mystic. His teachings were thought provoking and quite radical. He drew from many diverse spiritual traditions, especially melding Buddhism with Christianity.

As stated by his brother Bill, "Without doubt...the most significant change that came into Tony's teachings was the introduction of Vipassana meditation." Tony was 55 years old when he died in 1987.

Tony de Mello taught through retreats, workshops, seminars, and books, most of which were published posthumously. Known for his warmth, wit, and wisdom, he did much of his teaching through stories. He focused on love. As Tony said: "The best religion in the world is the religion called 'love'....There is only one need: the need to love."

Richard began his class in October presenting "A Rediscovery of Life," the video of a 1-day seminar de Mello gave at Fordham University in 1986. Richard has followed this with a book study on *Awareness*, a transcript of Tony's 4-day "Wake Up To Life" seminar, also given at Fordham in 1986. Currently, classes begin with a short meditation on Fridays, followed by Richard playing segments of the audio of the seminar. Group reaction/discussions and facilitator's comments lead to an evening that is insightful, enlightening and informative. So, while recommended, a book is not necessary.

**The program is free, Fridays 7-8:30pm. Everyone is invited.
There is plenty of room.**

The book study of *Awareness* is drop in, so one can join now or at anytime. Once the book study of *Awareness* is complete by year's end, Richard will once again present "A Rediscovery of Life."



Class meeting in Gathering Hall

Richard Hennessey, LCSW, discovered Anthony de Mello 28 years ago and in 1999 began offering de Mello workshops, locally since 2011, focusing on "A Rediscovery of Life" and Tony's book *Awareness*. Richard has practiced psychotherapy for over 40 years in various clinical settings and teaches Mindfulness Based Stress Reduction (MBSR). He has taught MBSR locally at Straub and Wilcox Medical Centers, Schofield Barracks, KKV Comprehensive Family Services, United Self-Help, Unity Church of Hawaii, Chinatown Peace Center, and now at the Bodhi Tree Meditation Center.

Donations: While the program is free, donations are accepted solely for St. Mary's Alms Fund which serves the working poor, as well as the homeless. Donations are most easily done online at <http://www.stmaryshawaii.org/>

AN ONLINE MONTHLY PICTORIAL NEWS

2062 South King Street
Honolulu, HI 96826

Phone: 808-949-4655

Fax: 808-949-4655

E-mail: stmaryshawaii@gmail.com

St. Mary of Mo'ili'ili



PRAYER MINISTRY

Sundays 8:15am
Soldier Chapel

Sunday Worship Service 9:00am

ALOHA HOUR

10:00am Sundays
Gathering Room

VESTRY MEETING

March 17th 10:15am
Conference Room

SEARCH COMMITTEE MEETING

March 3rd 10:15am
Conference Room



MO'ILI'ILI HOMELESS OUTREACH

March 28 - 10:00am
In Gathering Room
Volunteers report at 9am

All Parish Meeting

April 28, 2019 after Sunday Service, gathering of
information for Search Committee to develop profile.

Who is St. Mary's?

Who do we want to be?

What kind of priest are we looking for?



Free Health Classes

YOGA CLASS

Tuesdays 10:00am
Gathering Room

ZUMBA

Saturdays 8:30am
Gathering Room

WARRIORS AT EASE

Saturdays 11:00am
Gathering Room

MEDITATION CLASS

Saturdays 3:00pm
Gathering Room

THE JOURNEY TEAM

Journey Editor:

Fr. David Blanchett

Proofreader:

Charlene Date

Webmaster:

Richert Au Hoy



March 12-Chuck Williams
20-Kimery Ushijima