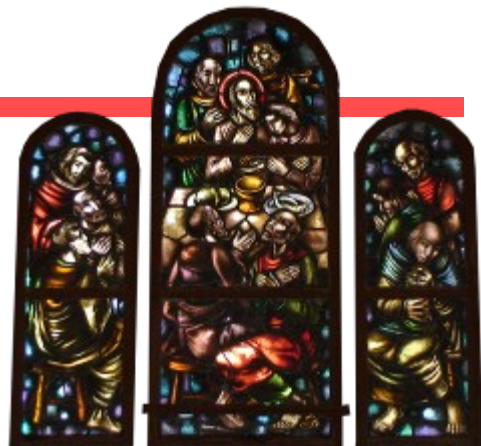




The Journey

St. Mary of Mo'ili'ili

An Online Monthly Pictorial News Record



June 2017

Veterans Are Remembered

Let us this day

- * Support Kupuna Ministry
- * Get Safe Church Certified
- * Practice justice and mercy
- * Tell Rector what you like about church
- * Plan to attend a Bible Study
- * Volunteer to help with the homeless ministry—last Thursday of each month

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at St. Mary of Mo'ili'ili



Love Your Neighbor



Ron Nelson - Battleship New Jersey South China Sea



David Blanchett - Army Medic
Big Red 1, Vietnam

Memorial Day

Memorial Day

We remember Brigadier General Edward Davis who because of his efforts Soldier Chapel now stands.

We remember Senator Daniel K. Inouye who attended kindergarten at St. Mary's School, served in the 442nd Regimental Combat Team.

We remember all our veterans who served their country and are here no more.



Mother's Day Photo



Valeria Mihalachi

With Sadness, we say goodbye to exchange student, Valeria Mihalachi. We thank God for being blessed by her presence. After spending a school year in Oahu, during which Valeria served as a faithful acolyte at St. Mary of Mo'ili'ili, it is now time for her return to her home country, Meldova. We will surely miss her, and, we thank her host parents Bill and Rachel May for introducing Valeria to us and us to Valeria.



Memorial Service



Ellen Agnes Corrie

January 11, 1924

May 4, 2017

Lambeth, London - Honolulu, Hawaii



Fr. Gregory Johnson officiated the memorial service on May 20, 2017 at St. Mary of Mo'ili'ili



Prayer Ministry

Be a part of Ministry

Prayer Ministry : every Sunday at 8am in Soldier Chapel.

Kupuna Ministry:
Co-chairs:
Kimery Ushijima
Janice Motoshige

Kupuna Ministry

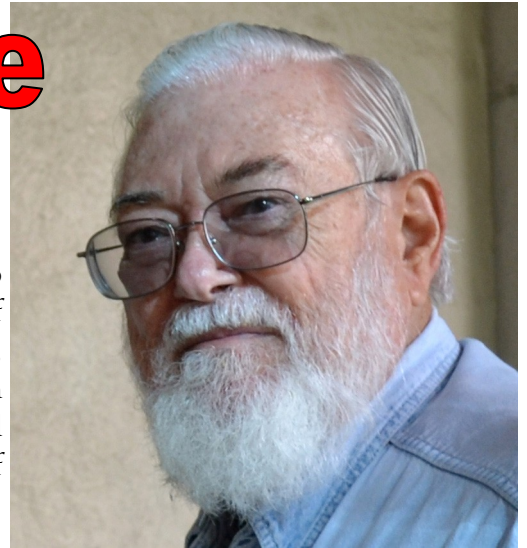


Memorial Service

Rev. Robert Eugene Walden

Rev. Martha Blanchett and Fr. David Blanchett were honored to represent St. Mary of Mo'ili'ili Episcopal church at the Celebration of Life for our friend Reverend Bob Walden. The service was held May 6, 2017 at Calvary Episcopal Church in Kane'ohe, Hawaii - which happened to be the place the Blanchett's met Fr. Robert on a personal basis. Personal meaning co-celebrating often and sharing experiences of Okinawa adventures the two men both had.

The Celebrants for Fr. Robert's Celebration of Life were The Rt. Rev. Richard Chang and the Rev. Cn. Franklin Chun. The Eulogists were his sister Venetia Fisher of California and step-son, John Goodale of Hawaii.



January 11, 1938 - April 10, 2017



Venetia and Tom Fisher

Photos by Fr. Blanchett



Selene and John Goodale



Sakashita Family haul in the balloons

Stirling has a birthday



Skye Graduating from Punahou High School



Congratulations to you both

Photos by Rev. Martha Blanchett



Special Olympics Sunday

May 21st was Special Olympics Sunday.

Each year it is a joy to have members of the Special Olympics come and worship with us at St. Mary.

Our service began with an Olympian, Renee Manfredi singing "How Far I'll Go". Other Olympians Audrey Ayer and Nicole Kelly read different scriptures.

The above photo shows Chaplain Dale Burke praying for the team prior to blessing them and then the congregation.

Deacon Steven Costa delivered a sermon.

The Gospel was read by Rev. Martha N. Blanchett



left to right: Mark Manfredi, Coach Rev. Dale Burke, Sol Ray Duncan, Nicole Kelly,

Deacon Steve Costa, Audrey Ayer, Rosalie Ayer, Renee Manfredi and Michelle Manfredi



Photos this page by Fr. Blanchett

Visitors

From Anchorage, Alaska

From Los Angeles, California

Lauryn and Peter Blanchett



Charles and Jada Alexander

Photo by Fr. David Blanchett



ECW

Prayer Beads

A Quarterly meeting of Episcopal Church Women was held this time on the St. Andrews Cathedral grounds.

A special project 30 plus people did as to make prayer beads—Episcopal style.

Laurie Lee, Larke Golaski, Gail Hirozawa and Rev. Martha Blanchett represented St. Mary of Mo'ili'ili.

Look closely, you can see the beautiful beads Rev. Martha, Gail and Larke made.



Photos by
Janice
Motoshige:
3 on right
and left
bottom



Photo by
Rev. Martha Blanchett



Rev. Steven Costa, Fr. David, Sam and Ruth Yoshioka, Kimery and Kyle Ushijima

Can you tell? Fr. David Blanchett above has just asked the men, Sam and Kyle, in front of the whole congregation, how many years they have been married. Can you see the wheels turning in their heads?

They did good though, got it right! Rev Martha in the photo on the right, prays a powerful prayer for the Happy Anniversary Couples.

Congratulations Sam, Ruth, Kimery and Kyle

Happy Anniversary



Photo by Gay Hadama

Qigong and Tai Chi Class



Instructor May Choo

Many of us are aware that both Qigong and Taichi promote physical, mental and spiritual health.

The subtle differences are:

"With Qigong, one can learn simple moves quickly. Memorizing a long complex routine is not required. Repeating the moves allows us to dive immediately into the meditative and energetic aspects which generate tremendous Qi in a much shorter time. That acts both as a boost and supplement to help during Tai Chi training because Qi is not as easily cultivated in the early stages of Tai Chi practice.

Tai Chi just takes it a step further and expresses the ability to cultivate, circulate and harmonize Qi in relation to martial arts; many people seek that and also enjoy its free-flowing, interesting, and challenging yet relaxing moves. However, Taichi requires much discipline and more complex motions that are not repeated and are not as easily/quickly mastered. Certain postures may be difficult for some to achieve, especially those with serious injuries or disabilities.

Whereas Qigong is a free-form practice and therefore very adaptive. Anyone in any condition/age may participate in just its breathing exercises and/or modify its simple moves to their own level of physical ability.

In China, Qigong is considered to activate the organs/cardiovascular/respiratory/digestive/glands/nervous system, and to greatly complement other forms of healing, so is part of their National Health Plan and is practiced in schools, universities; there is an entire qigong wing in some hospitals."



I started Taichi over 10 years ago, but dropped out because of work scheduling. Eventually I had to switch back to Taichi when I realized that other forms of exercises/sports (even yoga) were too "stressful" to my body, especially back and joints.

Taichi meets my needs for fitness, flexibility, balance, vitality and strength exercises and chi circulation. I was also interested in acquiring a few self-defense skills at the same time. Later, I was introduced to Qigong, and in my research, understood the benefits to mind, body and spirit by practicing this "moving meditation" i.e. relax, reduce stress, foster inner tranquility, relieve pain, a proactive way to boost immune system thus accelerate self-healing while preventing chronic aging problems.

I am so impressed with the multitude of benefits (check this link <http://www.energyarts.com/qigong-benefits>) that I consider this a gift I will happily share with anyone interested in a healthy lifestyle. When my Taichi Sifu asked me to teach his beginners' class, I agreed because of my gratitude to him and belief in sharing these skills with the community.

When Father Greg asked me to lead this class, I felt very honored. It was obvious to me that he truly cares about his congregation to want to provide/gift them with not just spiritual health, but also that of their mind and body - by offering a variety of classes like zumba, yoga, hula, and especially Qigong/Taichi because this particular exercise can be practiced by everyone -

Qigong can be done standing or seated - no age/physical limitations (and once the moves are learned, can be practiced at home, even if ill in bed). Just a few minutes of practice can have invigorating and rejuvenating effects!



Hope everyone will join us every Sunday (free Tai Chi 8am; Qigong 8:30 am) to enhance our health while having fun!

JOIN US

May Choo



Heavenly Garden -original

Photos by Fr. David Blanchett

Page 8&9



Heavenly Garden
Built By
Jay Hester
Is
Located
In Front
Of
Guest House

Heavenly Garden - Can you find the 10 changes

Answer
on
page
11



**Father's
Day
June 18th**

More Mother's Day Photos

The men sing special songs to
the ladies of the church
On Mother's Day



Photos by Fr David Blanchett

Lucy's Quilting and Sewing Circle

Photo by Charity Blanchett

Tuesday, May 23rd, seven ladies and one gentleman were methodically preparing their sewing machines and fabric for the day's project. The 9:30am to 2pm Lucy's Quilting and Sewing Circle which meets every Tuesday, had just begun. Those present included members from three churches: St Luke, St. Mary's, and Good Samaritan - all Episcopal Churches.

There was with no fanfare, no notice, when a most handsome and polite young man walked in. He had never been there, (the sewing circle) before, but surprisingly, he was recognized by many.



Left to right men:

Fr. David Blanchett, Aaron Sanchez

Middle row:

Laurie Lee, Pat Pyun, Jade Abreu and Janice Motoshige

Front row:

Nora Kurosu, Rev. Martha Blanchett, Alice Bacon, Barbara Tamanaha

Aaron Sanchez, an award winning chef and TV personality had just popped in. He is currently a permanent judge on FOX's hit competition series **MASTERCHEF**. He also co-stars on **Chopped Junior**. Mr. Sanchez was in Hawaii to promote his scholarship fund for aspiring chef in Latin communities. He is a friend of Rev. Martha Blanchett's daughter Charity.

Twitter: [@chef_aaron](#)

Instagram: [@chef_aaronsanchez](#)

Facebook:

www.facebook.com/ChefAaronSanchez

Scholarship website:

<http://aaronsanchezscharshipfund.com>

Photo by David Blanchett

Serving the homeless

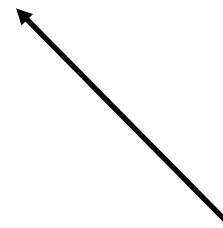
note

The Central Pacific Hurricane Center announced an expected above normal hurricane activity for the 2017 season.

They also recommend the days for on hand disaster kit supplies be increase from 7 to 14 days.

Please take this notice seriously. Update and increase your disaster preparedness supplies and be sure the church office have your personal emergency information.

Photo Change Answers

**note***Photo by David Blanchett*

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Road Map



An Online Monthly Pictorial News Record

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Mo'ili'ili Homeless Outreach Service

June 29 - 10am
In Gathering Room
Volunteers report at 9am



Sunday Worship Service 9:00am

Aloha Hour Bible Study

10:00am Sundays in
Gathering Room

Wednesday 10:00 AM
Gathering Room

Vestry Meeting

Sunday, 25th 10:15am
Conference Room

Office Closed

June 12

Holy Land Class

Begins Saturday
June 10th, 10am
Conference Room

Tri Church:
LUCY QUILTING CIRCLE
Tuesdays 9:30am - 2pm
St. Luke's Episcopal Church



Anniversary

18 - Edgar & Judy Kimsey
19 - Richert & Maria AuHoy

Father's Day

June 18th

June Birthdays

1-Judy Joseph
7-Kaylani Pascua
8-Robert Legler
17-Annabelle Yamaguchi
18-Kay Okutani
18-Kekoa Pascua
26-Jon Ushijima
27-Christopher Date
29-Amy Ushijima

Free Health Classes

YOGA CLASS

Tuesdays 10:00am
Gathering Room

ZUMBA CLASS

Saturdays 8:30am
Gathering Room

HULA MINISTRY

Saturdays 10:30
Gathering Room

TAI CHI CLASS

Sundays
8:00am