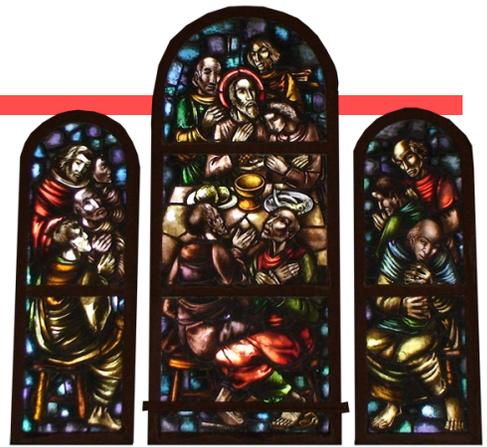




# The Journey

St. Mary of Mo'ili'ili

An Online Monthly Pictorial News Record



November 2015

## Mo'ili'ili Community Brought Pets to be Bless

see page 4

### Let us this day

- \* Help setup Thanksgiving Day meal for homeless
- \* Plan on attending an exercise class
- \* Plan to attend Wednesday Bible Study
- \* Do Disaster Preparedness in your Home
- \* Do something nice for your neighbor

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Picture perfect happiness: St. Mary Mo'ili'ili acolytes at Camp Mokuleia.

Photo credit Tatjana Johnson

*At Camp Mokuleia,  
a day by the sea -  
no matter the weather -  
is a day for all to see  
happy children together.*

8 acolytes, 6 chaperones, arrival at noon, one breakfast, one dinner, good food, great lodging, and company. Prayers were said, Sunday Morning Prayer outside at the foot of the cross, too many turtles to count, walks by the sea, swimming, basketball, games led by acolyte teen leaders, plenty rain, plenty fun. Thanks be to God for Camp Mokule'ia, Fr. Gregory Johnson's gift for the acolytes, and the chaperones.

Elizabeth Lewin





Emma Bolin (left) at airport saying goodbye to Faith Blanchett and Honolulu

# Open letter to St. Mary

from Emma Jean Bolin

To the St Mary Episcopal Church,

Thank you for the spirit of kindness. You made me feel so welcome and at home. You helped make my trip to Hawaii so special! I enjoyed the services each Sunday that I was there.

What an honor! You allowed me to chaperon your youth at Camp Mokuleia - such a beautiful place.

I am graceful for the opportunity that was given to me to serve those who was less fortune. Bible study was one I will never forget.

Thanks to the entire St. Mary's family for making my trip one of the most memorable trips I have ever had. May God bless you!

Again I say thanks to you all for your gracious hospitality. Hope to see you soon..

Emma Jean Bolin  
Anchorage, Alaska

## Associate Priest's note

I am truly grateful to God that there are people like Ms. Emma Jean Bolin in this world. Though only in Hawaii a little short of a month, Ms. Emma attended our safe church training, chaperoned our acolytes at Camp Mokule'ia, helped provide service and love to our homeless on the last Thursday of September, assisted Reverends David and Martha Blanchett with the Pet Blessing, attended Bible study -actively participating, attended the Tri-Church Quilting and Sewing Class at St. Luke and even ushered the "Sister's Act" play at Diamond Theater. Ms. Emma lives in Anchorage Alaska and attends Leake Temple African Methodist Episcopal Zion Church - a church where Reverend Martha once served. Ms. Bolin presently serves as Evangelism Director at Leake Temple.

Note by Fr. David Blanchett

**There are over 350,000 congregations in the United States.**

Millions worldwide.

There are tens of thousands of Anglican parishes (the 3<sup>rd</sup> largest Christian denomination in the world), and hundreds of thousands of Roman Catholic and Eastern Orthodox parishes (the 1<sup>st</sup> and 2<sup>nd</sup> largest Christian communities).



## Why St. Mary of Mo`ili`ili ?



**Tens of thousands of these congregations are named after the Blessed Mother Mary.**

So how do we tell one St. Mary from another when there are so many? And how do we know where any of these congregations are located? And how do we let others know that they are welcome even if they are not Episcopalian? And how do we connect our congregations with our local communities?

The simplest and most effective way is to connect St. Mary with Mo`ili`ili. This lets others know that we are part of the Mo`ili`ili community; that we are here to serve others in the name of Christ, as our “Grocery Bag Ministry” has been doing Monday through Friday; and our “Sandwich Ministry” on Sunday afternoons; and our “Shoe Box Ministry” during the Christmas season.

“Are we doing anything new?” you ask. Yes!

We have begun a “Laundry Aloha Ministry” which provides a pod of detergent and a roll of quarters for four loads of wash in our neighborhood laundry mat. We have expanded the sandwich ministry with the help of IHS to include not only a meal, but also clothing, bus passes, medical, legal, mental health, and housing assistance on the last Thursday of every month. We are providing a free meal each week for the working poor at Mama Woos and a free tank of gas at the Phillip’s 66 station across the street; and we have refurbished our Guest House [Hale Mo`ili`ili] to provide affordable overnight accommodations for our brothers and sisters from the outer islands who are here for diocesan events or visiting family or friends who hospitalized on Oahu.

Those of you who read the Honolulu Star-Advertiser know that these outreach ministries have already begun to resonate within the community at-large, as we have been blessed with several articles in the newspaper over the past several months.

I pray that our beloved parish will not only continue to be an inspiring place to worship, but also a sanctuary for those in need, and a place, one day, of pilgrimage. For out of all the thousands of congregations in the world dedicated to the Blessed Virgin, we are now the **ONLY St. Mary of Mo`ili`ili.**

Thanks be to GOD!

Love always –  
Fr. Gregory+



Father Turner  
blessed us with  
his preaching and  
his pet, Puna  
Sunday October  
4th



You know who this is.

Guess who this is



**T'ai Chi**  
 (the Moving  
 Meditation)  
 Kris Campbell



Each day one should take the time to be peaceful.  
 Locate the quiet connection and  
 Re-energize strength and love to share goodness and positivity.  
 Unlock the key to being well and happy.

Come and experience for yourself the power, beauty and incredible relaxation of the Ancient Chinese exercise called Ta'i Chi.

For thousands of years this art has been considered the ultimate solution to stress-relief and exercise.

This workout is gentle, yet stimulating to the movements of T'ai Chi. You will experience gathering of the "Chi" (vital life energy) and stimulate circulation and flow of the body, heart and mind as your body slowly sways to the rhythm of the nature's elements while your hands weave the intricate pat-tern of self-defense.

**tai chi**

**The Benefits for Players of Ta'i Chi**

- Improved strength and flexibility
- Greater coordination and balance
- Healthier Heart and Lungs
- Promotes weight loss
- Strengthens the Immune System
- Raises T-cell count

Relieves the effects of Rheumatoid Arthritis

Used in Asia to combat Cancer and AIDS

**Relieves and Reduces Stress**

Calms the mind through moving meditation

Activates the "soothing hormones" of the parasympathetic nervous system

**Balances Body, Mind and Spirit**

Improves the circulation of "Chi" (vital life energy)...according to Chinese Medicine

**Every Sunday**  
**Beginning December 6**

**8-8:45 am**  
**Chapel front lawn**

All levels of experience are welcomed as this class has been formatted for beginners.

This class is designed for a moderate duration of standing exercises. However, exercises can easily be modified for those who prefer/need to be seated.

New to St. Mary is Zumba and Tai Chi both instructed by certified teacher/leader Kris Campbell. When I asked Ms Campbell to say a little about herself and Zumba class specific, she said the following:

"Began career as a Group Fitness Instructor in 1998, in great locations such as the Hale Koa Hotel, Hilton Hawaiian Village, 24 Hour Fitness, Tripler Fitness Center, and the Hawaii Prince Hotel Waikiki. I have taught classes in gym fitness studios, beautiful grassy lawns and in the water (pool and ocean). The variety of fitness classes include: Low/High impact Aerobics, Step Aerobics, Weight Resistance Circuit training, Kickboxing, Water Fitness, Tai Chi and Stretch Relaxation. I enjoy interacting with all age groups.

My focus as a group instructor is to make the class as efficient and productive while working for everyone. I appreciate the group coming together, supporting each other and having wonderful fellowship. I am dedicated to supporting your goals and will do my best to give you the tools to get results. The class includes Zumba, but I also add weight resistance training and very important stretch and stress relief session. I welcome any feedback to add to the class that you would like to have. I look forward to meeting everyone at St. Mary's real soon!"

**Yoga**

**every Tuesday 11am**

**beginning December 1**  
**In Gathering Room**

**Instructor: Alleen Riordan**

**Zumba**

**every Saturday**

**8:30am in Gathering Room**

**Instructor: Kris Campbell**

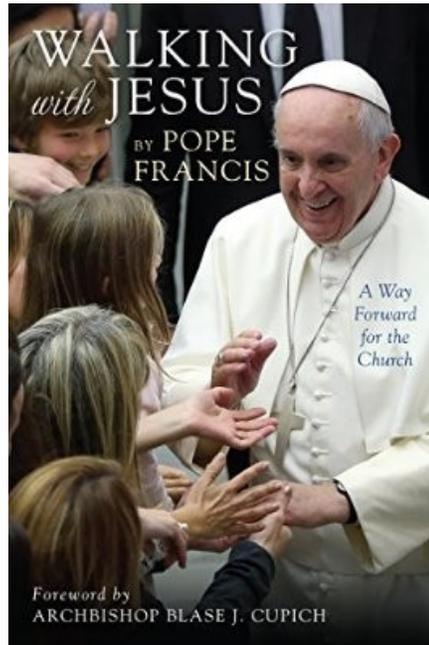
## Book of the Month Club

### Participants select the book!

Next once a month discussion November, 28 2015 with Fr. Gregory Johnson.

Book of the month club meets the last Saturday of each month from 10:00 to 11:30 am in the conference room.

The November book for discussion will be *Walking with Jesus* by Pope Francis



Participants buy their own book through their preferred service provider. Book Club meeting includes Brunch

Andreea Buzdugan is from Moldova, Europe

Miss Buzdugan will be in Hawaii for ten months as an exchange Student attending Aiea High School - 11th grade. She adores animals, plays piano and sings

In her own country, she is a member of the orthodox church.

While here in Hawaii, Ms. Buzdugan is serving as an acolyte for St. Mary, but in her country of Moldova, this is a job that is not done by females .



Andreea Buzdugan: St. Mary of Mo'ili'ili Acolyte

The exchange student program that sponsored Ms. Buzdugan is called the FLEX Program. FLEX stands for Future Leaders Exchange

The FLEX program provides scholarships for high school students from Eurasia to spend an academic year in the United States, living with a family and attending an American high school .

Check out the following web site link to learn more:

[discoverflex.org](http://discoverflex.org)

### Preschool angels sing a song and receive a treat from Father Gregory





## Angels Preschool Chapel

When you see a jack-o-lantern, remember God picks us up, cleanses us of our yucky stuff (sins), puts a light in our heart and a smile on

our face.

So! We should let our light shine so ours can see our good works.!



Father Blanchett carved a pumpkin during preschool chapel transforming the pumpkin into an extremely happy Jack-o-lantern



# Road Map



An Online Monthly Pictorial News Record

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The Journey  
BACK ISSUES  
Click Here



## Birthdays

1-Mason Lee

5-Cheyenne Suzumu

8-Jennifer Anastacio

9-Krislyn Padama-Hanamaikai

17-Jackie Mok

30-Russel Kumura

## Hula Ministry



Every Saturday  
10-11am

Gathering Room, St. Mary

## Mo'ili'ili Homeless Outreach Service

Thanksgiving Meal ~ November 26

10am - 12pm in Gathering Room

Volunteers report at 9am

## Safe Church Training

Preventing Sexual Exploitation

In Communities of Faith

November 7th, 1-5pm



## Zumba Class

Saturdays 8:30am

Gathering Room

## Book of the Month

Saturday, November 28th

10am \* Conference Room

## Disaster Preparedness

Sunday November 22th

10:15 AM

## Covenant Players

Sunday 8:45am

November 15th

Sanctuary



## Vestry Meeting

Sunday November 15th

10:15 AM

## Tri Church Ministries

Tri Church:

### BIBLE STUDY

Every Wednesday at 10:00am  
at: St. Mary's Episcopal Church

Tri Church:

### LUCY QUILTING CIRCLE

Every Tuesday 9:30am- 2pm  
at: St. Luke's Episcopal Church

## Community Service

A refreshing  
interactive service!  
Every Wednesday, 7-8 pm.

Music of G.F. Handel

November 7, 2015

7:30pm

Cathedral of St. Andrew

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To Receive

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